

IINHUB

Webinar Schedule 2026

Jul

Nutrition & Lifestyle Webinar

Nikki Coughlan

Obesity as a chronic disease:
Rethinking long-term weight
management

Jul. 10th Fri, 10am

Coaching Skills

Shane Pearson

Core Coaching Skills: Live Coaching
Demo & Practice Session
Powerful Questioning

Jul. 23rd Thurs, 7pm

Guest Speaker

Ellen McDermot

Nutrition for Endurance Sports

Jul. 28th Tues, 6:30pm

Aug

Guest Speaker

GutMapDX: Josh Netherwood

For NTs: An Introduction to Gut
Health Testing

~~*Aug. 5th Wed, 10am*~~

postponed to: Aug 26th Wed 11am

SCHC Grad Practice Group

Julia Sweetman

Aimed at those who've completed
the SCHC course, although
everyone is welcome

Aug. 12th Wed 7:30pm

Monthly Mentoring Session

Gwen Enright

Understanding Nutrition-Related
Blood Markers

Aug. 25th Wed 7:30pm

Sept

Guest Speaker

Iva Keene MRMed. ND

Natural Fertility Prescription
Lead Coach, Speaker & Author

Sept, 10th Thurs, 12pm

Guest Speaker

Sarah Meagher

Sleep, Stress & Rest: Finding
Calm in a Busy World

Sept, 10th Thurs, 7pm

Business Club

Robert Notter

Audience Building for
Practitioners: How to Create a
Growing Community Around Your
Work

Sept. 16th Wed, 1pm

Monthly Mentoring Session

Gwen Enright

Diet & Lifestyle Support for
Neurodivergence

Sept. 24th Thurs, 10am

**Timetable is subject to change.*