

IINHUB

Webinar Schedule 2026

Jul

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| Nutrition & Lifestyle Webinar Nikki Coughlan Obesity as a chronic disease: Rethinking long-term weight management Jul. 10th Fri, 10am | Coaching Skills Shane Pearson Core Coaching Skills: Live Coaching Demo & Practice Session Powerful Questioning Jul. 23rd Thurs, 7pm | Guest Speaker Ellen McDermot Nutrition for Endurance Sports Jul. 28th Tues, 6:30pm |
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Aug

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| Guest Speaker GutMapDX: Josh Netherwood <u>For NTs</u> : An Introduction to Gut Health Testing Aug. 5th Wed, 10am | SCHC Grad Practice Group Julia Sweetman Aimed at those who've completed the SCHC course, although everyone is welcome Aug. 12th Wed 7:30pm | Monthly Mentoring Session Gwen Enright Understanding Nutrition-Related Blood Markers Aug. 25th Wed 7:30pm |
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Sept

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| Guest Speaker Iva Keene MRMed. ND Natural Fertility Prescription Lead Coach, Speaker & Author Sept, 10th Thurs, 12pm | Guest Speaker Sarah Meagher Sleep, Stress & Rest: Finding Calm in a Busy World Sept, 10th Thurs, 7pm | Business Club Robert Notter Audience Building for Practitioners: How to Create a Growing Community Around Your Work Sept. 16th Wed, 1pm | Monthly Mentoring Session Gwen Enright Diet & Lifestyle Support for Neurodivergence Sept. 24th Thurs, 10am |
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**Timetable is subject to change.*