

# IINHUB

## Webinar Schedule 2026

### Apr

#### Nutrition & Lifestyle Webinar

Nikki Coughlan

GLP-1 Care for Nutritional Therapists

Apr. 7th Tues, 7pm

#### Coaching Skills

Shane Pearson

Coaching Skills & Practice - Build Confidence with Professional Mentoring

Apr. 16th Thurs, 7pm

#### Monthly Mentoring Session

Gwen Enright

Supporting Clients with Chronic Pain: Nutrition and Lifestyle Strategies

Apr. 30th Thurs, 10am

### May

#### Business Club

Rachel Crowder

From Nervous to Natural: How to Deliver Confident, Engaging Nutrition Talks

May. 7th Thurs, 6:30pm

#### Journal Club for NHC/NT

Chen Saat Murphy

In this session, we will analyse an article that challenges our thinking! Topic: GLP1s

May. 14th Thurs, 12pm

#### SCHC Grad Practice Group

Julia Sweetman

Aimed at those who've completed the SCHC course, although everyone is welcome

May. 18th Mon, 7:30pm

#### Monthly Mentoring Session

Gwen Enright

The link between oral and systemic health

May. 26th Tues, 7pm

### Jun

#### Guest Speaker

Kate Harris - A.Vogel

Herbal remedies to Support Energy

Jun. 5th Fri, 10am

#### Guest Speaker

Anna Collins

Heart Coherence / HeartMath in Practice / HRV Coherence

Jun. 11th Thurs, 11am

#### Guest Speaker

Christina - Biogaia/ Happy Tummy

The benefits of L reuteri probiotic with Q&A

Jun. 16th Tues, 6:30pm

#### Monthly Mentoring Session

Gwen Enright

Children's health & nutrition

Jun. 24th Wed, 10am

\*Timetable is subject to change.