

IINHUB

Webinar Schedule 2026

Jan

Coaching Skills	Nutrition & Lifestyle Webinar	Guest Speaker	Monthly Mentoring Session
Shane Pearson	Juan Lainez	Dr Shania Seeber, Kenko Health	Nikolett Viraag
Coaching Skills & Practice - Build Confidence with Professional Mentoring	Supporting Men's Health Through Midlife: Nutrition, Lifestyle & Supplements for Andropause	Assessing Cardiovascular Health for NTs and Intro to Kenko Health platform for Irish based practitioners.	Supporting clients on GLP1s
Jan. 8th Thurs, 7pm	Jan. 12th Mon, 6:30pm	Jan. 20th Tues, 10am	Jan. 30th Fri, 10am

Feb

SCHC Grad Practice Group	Journal Club for NTs	Business Club	Monthly Mentoring Session
Julia Sweetman	Chen Saat Murphy	Robert Notter	Gwen Enright
Aimed at those who've completed the SCHC course, although everyone is welcome	In this session, we will analyse an article that challenges our thinking! (NTOI CPD 2 pt)	Topic TBC	Mentoring session Joint Health
Feb. 10th Tues, 7:30pm	Feb. 12th Thurs, 6:30pm	Feb. 17th Tues, 1pm	Date TBC

Mar

Guest Speaker	Guest Speaker	Monthly Mentoring Session
Topic: TBC	Lynne Dalton For NTs: Hormones, Microbes, and Mucosa: Understanding the Vaginal Ecosystem	Gwen Enright
Date TBC	Mar. 10 th Tues, 7pm	Mentoring session Fertiity
		Date TBC

**Timetable is subject to change.*