

IINHUB

Webinar Schedule

Oct

Business Club	Nutrition & Lifestyle Webinar	Patrick Holford Live Events	Monthly Mentoring Session
Rachel Crowder	Helen Cassidy	Talbot Hotel, Stillorgan, Co Dublin	Gwen Enright
Building Visibility as a Nutrition & Health Coach/Nutritional Therapist	Weight Loss Spectrum; from numbers to intuition (NTOI CPD 1pt)	Oct. 16 th Thurs 6:30pm-9pm: Upgrade Your Brain & Prevent Alzheimers (*€20) Oct. 17 th Fri 10am-2pm: Optimising Neurodivergence (*€55) (NTOI CPD 3pt)	Interactive mentoring session: Practical Coaching skills for Bone Health
Oct. 7 th Tues, 7pm	Oct. 15 th Wed, 11am		Oct. 28 th Tues, 7pm

* Discount code available for paid Alumni members

Nov

Guest Speaker	Journal Club for NTs	SCHC Grad Practice Group	Monthly Mentoring Session
Denise Wogan	Chen Saat Murphy	Julia Sweetman	Gwen Enright
Intuitive Eating: Principles and Practice Beyond Diet Culture (NTOI CPD 1pt)	In this session, we will analyse an article that challenges our thinking! (NTOI CPD 2 pt)	Aimed at those who've completed the SCHC course, although everyone is welcome	Mentoring session Topic TBC (NTOI CPD 1pt)
Nov. 10 th Mon, 6pm	Nov. 13 th Thurs, 12pm	Nov. 18 th Tues, 7:30pm	Nov. 25 th Tues, 10am

Dec

	Guest Speaker	
	Kate Harris - A.Vogel	
	Introduction to Herbalism: : The Benefits of Herbs for General Wellness (2 hrs)	
	Dec. 11 th Thurs, 10am	MERRY Christmas

*Timetable is subject to change.